



Atrium Health

Virtual Care *in a* Class of Its Own

With Atrium Health School-Based Virtual Therapy, your child can see a mental health provider *without* leaving school.



What you'll love about it



Exceptional providers

Virtual therapy visits are performed by Atrium Health Behavioral Health providers specially trained in treating all types of mental health conditions.



No missed school or work

While your child sees the virtual provider at school, you can join by phone or video from wherever you are.



Affordable care

Many insurance plans cover virtual therapy, and financial assistance may be available if you don't have insurance.

How it works

A teacher, school nurse, school social worker or counselor can make a referral for teletherapy services for mental health concerns. Parents can also request therapy services by contacting school counselors.

Step 1	With your consent, we contact Atrium Health Behavioral Health to connect your child to a therapist.
Step 2	A medical professional contacts you to schedule your child's first virtual therapy appointment. You're welcome to join this appointment by phone call or video visit.
Step 3	During the video visit, the virtual therapist learns about your child's concerns and develops a plan to address them.
Step 4	The virtual therapist continues follow-up visits weekly or biweekly to help your child achieve the goals in their plan.

Common conditions we treat

Atrium Health Behavioral Health is here and ready to care for your child. We provide virtual care for a variety of conditions, including:

- Adjustment issues
- Anxiety
- Attention difficulties and trouble concentrating
- Classroom behavior issues
- Depression
- Grief
- Irritability
- Sadness



For more information, visit AtriumHealth.org/CareAtSchool or call 704-512-2828.

